the usage and meaning of the term mahmudr evolved over the course of hundreds of years of indian and
tibetan history and as a result the term may refer variously to a ritual hand gesture one of a sequence of
seals in tantric practice the nature of reality as emptiness a meditation procedure focusing on the nature of
mind an innate blissful gnosis cognizing emptiness nondually or, the kagyu kagy or kagyud tibetan wylie bka
brgyud school which translates to oral lineage or whispered transmission school is one of the main schools
chos lugs of himalayan or tibetan buddhism the kagyu lineages trace themselves back to the 11th century
indian mahasiddhas naropa maitripa and the yogini niguma via their student marpa lotsawa